

## Subject: BTEC Level 3 National Extended Certificate in Sport

### Level: 3

#### Entry Requirements

You will need to have grade 4 in GCSE in Maths and English. If you have taken GCSE or BTEC PE or Sport it would give you a good foundation, but this is not a requirement. Entry onto the course may require you undertaking an interview with the course leader.

#### Who is the course for?

This is a course for those who find interest and enjoyment in particular sports, for those with a strong interest and curiosity about the human body in action as well as of the whole sporting industry, and for those who are determined to make a career in this huge and very diverse field of employment.

#### How will I learn?

You will learn through a combination of theory and practice. You will study the physiological, psychological and social factors affecting performance. You will do investigative research, individual and group assessments, timed appraisals, work-based projects, oral presentations, visual displays and role plays. You will write assignments analysing the social, cultural and historical factors that have affected the development of sport as well as its contemporary issues. You will learn in the classroom, the gym, and through practical training sessions in specialist facilities. You will analyse your own performance, how to improve it, and your personal goals. You will be expected to spend as much time on independent study as you receive in guided learning hours. The course is designed so that you will have opportunities to specialise as you progress in a field of your choice.

#### Further Education & Career Pathways:

BTEC Level 3 qualifications are valued by employers and institutes of higher education (universities and colleges). These qualifications will help you in applying for jobs straight from college in Sports Centres, Leisure Centres, Outdoor Activities Centres, Sports Coaching, or Sport Development. It will also help you qualify for entry to university or equivalent courses in Sports Studies, Sports Science, Leisure Management, Recreation Management, or Teacher Training.

## Course Outline

To achieve the National Extended Certificate, you must satisfactorily complete a total of four units, three of which are mandatory. The units will be taught over the course of two years. To succeed in this course you must satisfy all the assessment criteria at one of the following levels: Pass, Merit or Distinction.

In the mandatory units students are assessed through external means in the form of one exam and one externally set and marked activity. The remaining units are assessed and graded through internal assessment. Assessment tasks include activities such as reports, presentations, interviews, discussions, experiments, practical demonstrations, and visual display materials such as leaflets and posters. On average there are three assessments per unit of work.

The following units are mandatory and will be studied by all students, with the first two being externally assessed as described above:-

- ☐ Anatomy and Physiology
- ☐ Fitness Training and Programming for Health, Sport and Well-being
- ☐ Professional Development in the Sports Industry

The optional unit will be either:-

- ☐ Sports Leadership
- ☐ Practical Sports Performance

## Your teacher/s

For further information please contact Mr A McLellan, Subject Leader for Physical Education or any of the course teaching staff.

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